REDHOTMAMAS®

outsmarting menopause™

Menopause

Education and Support Programs

Midlife women face many important healthcare choices as they approach and move through menopause. Women need clear, practical strategies to help them understand the changes in their bodies and to protect their health during menopause and in the years that follow.

Red Hot Mamas® is the solution…

By offering effective, turnkey menopause education programs that support informed decision-making and better health outcomes.

SCAN ME

To learn more, scan the QR code or contact us at: kgiblin@redhotmamas.org

Red Hot Mamas®
Menopause Education Programs

"Trusted menopause education that strengthens clinicians – patient relationships."

Red Hot Mamas® delivers turnkey, menopause education programs that empower clinicians to engage, educate, and support women at menopause with confidence.

About the Program

Since 1991, Red Hot Mamas® has led the nation in menopause education and support. Our proven programs have been featured in over 200 hospitals and physician practices across the U.S. We provide comprehensive, evidence-based materials that enhance both clinical expertise and patient experience.

Red Hot Mamas® develops menopause educational programs offered within healthcare facilities, where clinicians deliver monthly sessions designed to support women through the menopause transition. The program is free to participants and can be tailored to meet the unique needs, priorities, and resources of each hospital site.

Program Benefits

- Builds stronger, more trusting patient relationships
- Enhances clinician communication and patient satisfaction
- Offers turnkey, easy to implement educational tools
- Supports women's wellness and proactive care
- Positions your healthcare facility as a leader in Women's Health by offering a comprehensive menopause education program

"Trusted by hospitals. Loved by women."

Don't let your competitors serve your community's menopausal women first. ***CONTACT US TODAY*** for a complimentary consultation and program overview at kgiblin@redhotmamas.org

Implementation Made Easy

We provide for effortless implementation:

- A comprehensive facilitator's manual (digital)
- A marketing plan
- Eight specific and relevant midlife health topics with PowerPoint slide kits
- Topics cover physical symptoms, treatment options, lifestyle modifications, and longterm wellness strategies
- Evaluation tools and participant resources
- Training and ongoing support for your staff and more
- Red Hot Mamas® programs are offered over multiple years with refreshed topics, evidence-based information and new areas of focus

You provide:

- A meeting space
- A clinician or educator to present program content clearly
- Active promotion and scheduling for each program

Bring Red Hot Mamas® to Your Community

Are you ready to strengthen your women's health offerings?
Partner with Red Hot Mamas – where knowledge strengthens care

SCAN ME

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